| MONDAY |
|--------------------|
| |
| 10:30 AM |
| Codes: O, NS, HA |
| Lotte 713-291-3388 |

Yvonne 713-805-9586

Lakeview You're Worth It - Onalaska First United Methodist Church 700 Hwy 356 S

White building with green walkway on south side, facing the lake

5:30 PM Listen and Learn - Beaumont Codes: C. NS. ST/TR Westgate Memorial Baptist Church

Tish 409-658-6488 6220 Westgate Dr Dawn 409-454-2389 Left corner back bldg; enter door left of playground, then frst door on left.

Siempre Hay una Esperanza – Port Arthur

5:30 PM Codes: O, NS, SS Deysi 409-332-3575 Call first.

3549 39th St

Rosa 409-549-1368

Woodville AFG - Woodville

Codes: C, NS, ST Diane 409-363-0291 Sue 409-429-6758

6:30 PM

Holly Tree Club Hwy 69N; L on Hwy 190 for 1 mi; L on

S Pecan. Club on right, door on right.

7:00 PM Codes: O, NS, HA Nina 409-656-6091 Susan 409-239-4856 Vidor Al-Anon - Vidor Lakewood Business Park 18635 IH-10; Unit 200, Suite D Next to Elisa Restaurant

TUESDAY

Childcare

| 10:00 AM | Downtown - Beaumont (Hybrid) |
|--------------------|--------------------------------|
| Pat F 409-787-3595 | 115 Walls Ln |
| Codes: O, NS, HA | Hemphill Free Methodist Church |
| 10:00 AM | Hemphill Serenity - Hemphill |

Codes: 0, NS, Z Tiffany 409-781-5703 Call Tiffany for ZOOM

St. Mark's Episcopal Church 680 Calder Ave

Room 104, 1st hall. Ring bell for entry.

Renacer AFG - Beaumont 5:30 PM Codes: O, NS, SS 3195 Park St

Ofelia 409-504-4995 1 ½ hour meeting.

7:30 PM Freedom - Beaumont Codes:O, NS, A

Wesley United Methodist Church 3810 N Major Dr Sherry 409-351-2629

In Boy Scout building behind Church

8:00 PM Mid-County - Nederland

Codes: O, NS, A, HA AA Hall Barbara G 409-466-6506 908 Boston Ave Carole 409-365-3325

3rd Tuesday birthday meetings

8:00 PM Kirbyville AFG - Kirbyville

Codes: C, NS, HA, A Our Lady of Lasalette Catholic Church Lori 737-931-7750 1901 S Margaret Ave *In cafeteria, small room to the left.*

WEDNESDAY

| 10:00 AM | Just for Today – Beaumont |
|------------------------|--------------------------------------|
| Codes: 0 | St Mark's Episcopal Church |
| Barbara S 409-679-4282 | 680 Calder Ave |
| | 1st hall, 1st door on the right. |
| 12:00 PM | Mid-County - Nederland |
| Codes: O, NS, A, HA | AA Hall |
| Barbara G 409-466-6506 | 908 Boston Ave |
| Carole 409-365-3325 | |
| 6:00 PM | Silsbee AFG - Silsbee |
| Codes: O, NS, HA, A | First Presbyterian Church |
| Diane 409-363-0291 | 855 US 96 S |
| Dwight 409-779-0078 | Across from Sonic in South building; |

THURSDAY

| 10:00 AM | Downtown – Beaumont (Hybrid) |
|-----------------------|--|
| Codes: 0, NS, HA, Z | St Mark's Episcopal Church |
| Tiffany 409-781-5703 | 680 Calder Ave |
| Call Tiffany for ZOOM | Room 104, 1st hall. Ring bell for entry. |
| 12:00 PM to 1:30PM | Let It Begin with Me - Livingston |
| Codes: O, NS, HA | St Joseph Catholic Church |
| Lotte 713-291-3388 | 2590 Hwy 190 West |
| Yvonne 713-805-9586 | • |
| 5:30 PM | Siempre Hay una Esperanza – Port Arthur |
| Codes: O, NS, SS | 3549 39 th St |
| Deysi 409-332-3575 | Call first. |
| Rosa 409-549-1368 | • |
| 7:30 PM | Freedom - Beaumont |
| Codes: O, NS, A | Wesley United Methodist Church |
| Childcare | 3810 N Major Dr |
| Sherry 409-351-2629 | In Boy Scout building behind Church |
| 8:00 PM | Kirbyville AFG - Kirbyville |
| Codes: C, NS, HA, A | Our Lady of Lasalette Catholic Church |
| Lori 737-931-7750 | 1901 S Margaret Ave |
| | In cafeteria, small room to the left. |

FRIDAY

| 5:30 PM Codes: C, NS Tish 409-658-6488 Dawn 409-454-2389 | Listen and Learn – Beaumont Westgate Memorial Baptist Church 6220 Westgate Dr Left corner back bldg; enter door left of playground, then first door on left. |
|--|--|
| 5:30 PM | Renacer AFG - Beaumont |
| Codes: O, NS, SS | 3195 Park St |
| Ofelia 409-504-4995 | 1 ½ hour meeting. |
| 8:00 PM | Mid-County - Nederland |
| Codes: O, NS, A, HA | AA Hall |
| Barbara G 409-466-6506 Carole 409-365-3325 | 908 Boston Ave |

SATURDAY

| 9:30 AM | West-End – Beaumont |
|-----------------------|------------------------|
| Codes: O, NS, HA, A | 1235 Crockett St |
| Michelle 214-497-9620 | |
| Sheila 409-842-4044 | |
| 11:00 AM | Renacer AFG - Beaumont |
| Codes: O, NS, SS | 3195 Park St |
| Ofelia 409-504-4995 | 2 hour meeting. |
| | |

SUNDAY

| 5:00 PM | Friends of Lois (Women Only) - Bmt |
|---|------------------------------------|
| Codes: C, NS, HA | St Stephen's Episcopal Church |
| Tonya 409-651-7750 | 4090 Delaware St |
| | Meet in Broce Hall |
| 5:00 PM | Alateen Beaumont |
| Codes: C, NS, HA | St Stephen's Episcopal Church |
| Gina 409-790-9024 Danae 409-626-4667 | 4090 Delaware St |
| | Meet in Broce Hall |
| 6:00 PM | Bridge City AFG |
| Codes: 0 | Alano Club of Bridge City |
| Shelly 409-882-1803 | 240 Dobbyn St |
| | In AA room. |
| 7:00 PM | Starting Over - Orange |
| Codes: O, NS, HA | North Orange Baptist Church |
| Angela 409-474-2171 | 4775 16 th St |
| 8:00 PM | Mid-County - Nederland |
| Codes: O, NS, A, HA | AA Hall |
| Barbara G 409-466-6506 | 908 Boston Ave |
| Carole 409-365-3325 | |

Codes

O – Open – For families, friends, or observers C – Closed – For families and friends of alcoholics only Z – Zoom Only or Hybrid Live and Zoom Meeting NS – Non-smoking A- Meets same time as AA

HA – Handicap accessible SS - Spanish speaking

ST/TR – Steps and Traditions

Revised 26Oct23

AL-ANON BOOKSTORE DEPOT Al-Anon Information Service Center **Ninth District Intergroup Association** 4224 College St, Beaumont, TX 77707 Remirez Internal Medicine Franklin Exchange 0 From IH10 (90) To IH10 College St Binswanger Glass Raceway Petroleum 😃

Al-Anon literature and other resources are available at the District 8 AIS online bookstore at www.setxalanon.org. Free store pickup is available.

Courtesy of Google Maps

Where to Send Group Contributions District 8 Al-Anon 194 Shannon Rd Vidor, TX 77662 Checks payable to District 8 Al-Anon Al-Anon Information Services (AIS) 4224 College St Beaumont, TX 77707 Texas East Area – ETAAA P.O. Box 450675 Laredo, TX 78045 Checks payable to ETAAA World Service Organization (WSO) 1600 Corporate Landing Parkway Virginia Beach, VA 23454-5617

NEED AL-ANON?

Millions of people are affected by the excessive drinking of someone close. The following questions are designed to help you decide whether or not you need Al-Anon: YES or NO?

- 1. Do you worry about how much someone else drinks?
- 2. Do you have money problems because of someone else's drinking?
- 3. Do you tell lies to cover up for someone else's drinking?
- 4. Do you feel if the drinker loved you, he or she would stop drinking to please you?
- 5. Do you blame the drinker's behavior on his or her companions?
- 6. Are plans frequently upset or canceled or meals delayed because of the drinker?
- 7. Do you make threats, such as, "If you don't stop drinking, I'll leave you"?
- 8. Do you secretly try to smell the drinker's breath?
- 9. Are you afraid to upset someone for fear it will set off a drinking bout?
- 10. Have you been hurt or embarrassed by a drinker's behavior?
- 11. Are holidays and gatherings spoiled because of drinking?
- 12. Have you considered calling the police for help in fear of abuse?
- 13. Do you search for hidden alcohol?
- 14. Do you often ride in a car with a driver who has been drinking?
- 15. Have you refused social invitations out of fear or anxiety?
- 16. Do you sometimes feel like a failure when you think of the lengths you have gone to in order to control the drinker?
- 17. Do you think that if the drinker stopped drinking, your other problems would be solved?
- 18. Do you ever threaten to hurt yourself to scare the drinker?
- 19. Do you feel angry, confused or depressed most of the time?
- 20. Do you feel there is no one who understands your problems?

If you answered yes to three or more of these questions, Al-Anon may be for you.

AL-ANON/ALATEEN MEETINGS DISTRICT EIGHT

The Suggested Preamble to the Twelve Steps

The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength, and hope, in order to solve their common problems. We believe alcoholism is a family illness and that changed attitudes can aid recovery. Al-Anon is not allied with any sect, denomination, political entity, organization or institution; does not engage in any controversy, neither endorses nor opposes any cause. There are no dues for membership. Al-Anon is self-supporting through its own voluntary contributions.

Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps, by welcoming and giving comfort to families of alcoholics, and giving understanding and encouragement to the alcoholic.

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www.setxalanon.org
ais.beaumont@gmail.com

AL-ANON CALL LINE 409-899-3343 7-DAYS A WEEK

When anyone, anywhere, reaches out for help, let the hand of Al-Anon and Alateen always be there, and — *Let It Begin with Me*.

