

MONDAY

10:30 AM Codes: O, HA Lotte 713-291-3388 Yvonne 713-805-9586	Lakeview You’re Worth It – Onalaska First United Methodist Church 700 Hwy 356 S <i>White building with green walkway on south side, facing the lake</i>
5:30 PM Codes: C Tish 409-658-6488 Dawn 409-454-2389	Listen and Learn – Beaumont Westgate Memorial Baptist Church 6220 Westgate Dr <i>Left corner back bldg; enter door left of playground, then first door on left.</i>
6:30 PM Codes: O Diane 409-363-0291 Sue 409-429-6758	Woodville AFG – Woodville Holly Tree Club 112 S Pecan St <i>Hwy 69N; L on Hwy 190 for 1 mi; L on S Pecan. Club on right.</i>
7:00 PM Codes: O, HA Nina 409-656-6091 Susan 409-239-4856	Vidor Al-Anon – Vidor First United Methodist Church 501 N Main St

TUESDAY

10:00 AM Codes: O, HA Pat F 409-787-3595	Hemphill Serenity - Hemphill Hemphill Free Methodist Church 115 Walls Ln
10:00 AM Codes: O, EH Tiffany 409-781-5703 Call Tiffany for ZOOM	Downtown – Beaumont (Hybrid) St. Mark’s Episcopal Church 680 Calder Ave <i>Room 104, 1st hall. Ring bell for entry.</i>
5:30 PM Codes: O, SS Ofelia 409-504-4995	Renacer AFG - Beaumont 3195 Park St <i>1 ½ hour meeting</i>
7:00 PM Codes: O, A Childcare Sherry 409-351-2629	Freedom - Beaumont Wesley United Methodist Church 3810 N Major Dr <i>In Boy Scout building behind Church</i>
8:00 PM Codes: O, A, HA Barbara G 409-466-6506 Carole 409-365-3325	Mid-County - Nederland AA Hall 908 Boston Ave <i>3rd Tuesday birthday meetings</i>

WEDNESDAY

12:00 PM Codes: O, NS, A, HA Barbara G 409-466-6506 Carole 409-365-3325	Mid-County - Nederland AA Hall 908 Boston Ave
6:00 PM Codes: O, HA, A Diane 409-363-0291	Silsbee AFG - Silsbee First Presbyterian Church 855 US 96 S <i>Across from Sonic in South building</i>

THURSDAY

10:00 AM Codes: O, HA, EH Tiffany 409-781-5703 Call Tiffany for ZOOM	Downtown – Beaumont (Hybrid) St Mark’s Episcopal Church 680 Calder Ave <i>Room 104, 1st hall. Ring bell for entry.</i>
12:00 PM to 1:30PM Codes: O, HA Lotte 713-291-3388 Yvonne 713-805-9586	Let It Begin with Me - Livingston St Joseph Catholic Church 2590 Hwy 190 West
6:30 PM*** Codes: O Brittany 409-540-5698 Kate 409-548-1233 Kayla 409-548-3405	Hope of Groves AFG – Groves ***1st and 3rd Thursdays Only 5521 E Parkway St
7:00 PM Codes: O, A Childcare Sherry 409-351-2629	Freedom - Beaumont Wesley United Methodist Church 3810 N Major Dr <i>In Boy Scout building behind Church</i>

FRIDAY

5:30 PM Codes: C Tish 409-658-6488 Dawn 409-454-2389	Listen and Learn – Beaumont Westgate Memorial Baptist Church 6220 Westgate Dr <i>Left corner back bldg; enter door left of playground, then first door on left.</i>
5:30 PM Codes: O, SS Ofelia 409-504-4995	Renacer AFG - Beaumont 3195 Park St <i>1 ½ hour meeting</i>
8:00 PM Codes: O, A, HA Barbara G 409-466-6506 Carole 409-365-3325	Mid-County - Nederland AA Hall 908 Boston Ave

SATURDAY

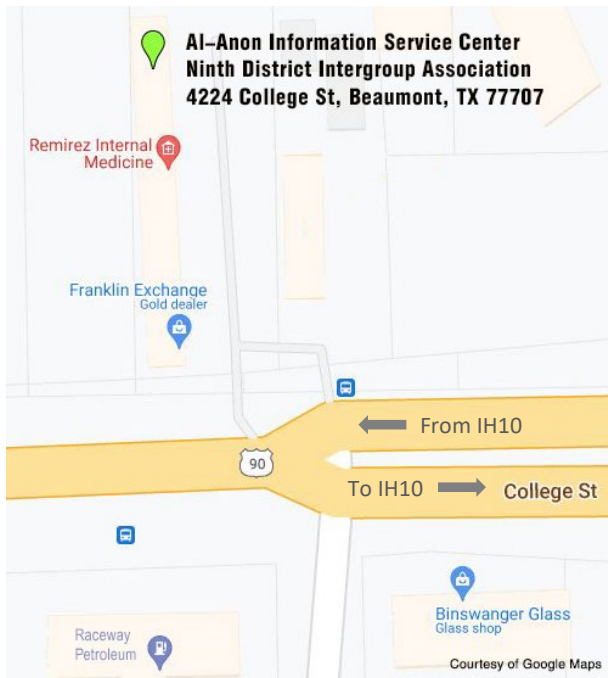
9:30 AM Codes: O, HA, A Michelle 214-497-9620 Sheila 409-842-4044	West-End – Beaumont 1235 Crockett St
11:00 AM Codes: O, SS Ofelia 409-504-4995	Renacer AFG - Beaumont 3195 Park St <i>2 hour meeting</i>

SUNDAY

4:00 PM*** Codes: C, HA Tonya 409-651-7750	Friends of Lois AFG – Beaumont ***Women Only St Stephen’s Episcopal Church 4090 Delaware St <i>Meet in Broce Hall</i>
4:00 PM*** Codes: C, HA Gina 409-790-9024 Danae 409-626-4667	Alateen Beaumont ***2nd and 4th Sundays Only St Stephen’s Episcopal Church 4090 Delaware St <i>Meet in Broce Hall</i>
7:00 PM Codes: O, HA Angela 409-474-2171	Starting Over - Orange North Orange Baptist Church 4775 16 th St
8:00 PM Codes: O, A, HA Barbara G 409-466-6506 Carole 409-365-3325	Mid-County - Nederland AA Hall 908 Boston Ave

Codes O – Families and friends of alcoholics and observers welcome C – Families and friends of alcoholics only E – Electronic only EH – In person with electronic access (Hybrid) A – Meets same time as AA HA – Handicap accessible SS – Spanish speaking

AL-ANON BOOKSTORE DEPOT



Al-Anon literature and other resources are available at the District 8 AIS online bookstore at www.setxalanon.org. Free store pickup is available.

Where to Send Group Contributions

District 8 Al-Anon
194 Shannon Rd
Vidor, TX 77662

Checks payable to District 8 Al-Anon

Al-Anon Information Services (AIS)
4224 College St
Beaumont, TX 77707

Texas East Area – ETAAA
P.O. Box 337
Pearland, TX 77588
Checks payable to ETAAA

World Service Organization (WSO)
1600 Corporate Landing Parkway
Virginia Beach, VA 23454-5617

NEED AL-ANON?

Millions of people are affected by the excessive drinking of someone close. The following questions are designed to help you decide whether or not you need Al-Anon: YES or NO?

1. Do you worry about how much someone else drinks?
2. Do you have money problems because of someone else's drinking?
3. Do you tell lies to cover up for someone else's drinking?
4. Do you feel if the drinker loved you, he or she would stop drinking to please you?
5. Do you blame the drinker's behavior on his or her companions?
6. Are plans frequently upset or canceled or meals delayed because of the drinker?
7. Do you make threats, such as, "If you don't stop drinking, I'll leave you"?
8. Do you secretly try to smell the drinker's breath?
9. Are you afraid to upset someone for fear it will set off a drinking bout?
10. Have you been hurt or embarrassed by a drinker's behavior?
11. Are holidays and gatherings spoiled because of drinking?
12. Have you considered calling the police for help in fear of abuse?
13. Do you search for hidden alcohol?
14. Do you often ride in a car with a driver who has been drinking?
15. Have you refused social invitations out of fear or anxiety?
16. Do you sometimes feel like a failure when you think of the lengths you have gone to in order to control the drinker?
17. Do you think that if the drinker stopped drinking, your other problems would be solved?
18. Do you ever threaten to hurt yourself to scare the drinker?
19. Do you feel angry, confused or depressed most of the time?
20. Do you feel there is no one who understands your problems?

If you answered yes to three or more of these questions, Al-Anon may be for you.

AL-ANON/ALATEEN MEETINGS

DISTRICT EIGHT

The Suggested Preamble to the Twelve Steps

The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength, and hope, in order to solve their common problems. We believe alcoholism is a family illness and that changed attitudes can aid recovery. Al-Anon is not allied with any sect, denomination, political entity, organization or institution; does not engage in any controversy, neither endorses nor opposes any cause. There are no dues for membership. Al-Anon is self-supporting through its own voluntary contributions.

Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps, by welcoming and giving comfort to families of alcoholics, and giving understanding and encouragement to the alcoholic.

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www.setxalanon.org
ais.beaumont@gmail.com

AL-ANON CALL LINE

409-899-3343

7-DAYS A WEEK

When anyone, anywhere, reaches out for help,
let the hand of Al-Anon and Alateen
always be there, and — *Let It Begin with Me.*

 Al-Anon Family Groups®
hope for families & friends of alcoholics